



## Alexandria Cardinal Tennis Parent/Player Meeting



### Philosophy and Goals - Coach & Player Commitment

- We believe our tennis program should be a positive experience where athletes grow as people, players, and teammates, while developing a life-long love of sport.
- We want players to excel, have fun, and enjoy the thrill of challenges and competition.
- We believe that playing for this team, our school, families and community is a privilege.
- We believe in the importance of school work.
- In order to rise to the challenges of varsity and junior varsity competition, we believe in the importance of players who are coachable, devoted, hard-working, and aggressive.
- Players must demonstrate a positive attitude and sportsmanship on and off the court.

### Lettering Criteria

- Players will be eligible for the honor of a varsity award if they meet the following requirements:
  - Complete the entire season
  - Achieve 65 points in the point system.
    - ☐ #1 Singles: 4 pts + 5 pts with a win = 9 pts
    - ☐ #2 Singles: 3 pts + 5 pts with a win = 8 pts
    - ☐ #3 Singles: 2 pts + 5 pts with a win = 7 pts
    - ☐ #4 Singles: 1 pt + 5 pts with a win = 6 pts
    - ☐ #1 Doubles: 3 pts + 5 pts with a win = 8 pts
    - ☐ #2 Doubles: 2 pts + 5 pts with a win = 7 pts
    - ☐ #3 Doubles 1 pt + 5 pts with a win = 6 pts
  - Must play in  $\frac{1}{2}$  the regular season matches, or earn 27 points

**\*\*In the event a player is injured during the season, a varsity award may be awarded if in the judgment of the coaching staff, the lettering criteria would otherwise have been met.\*\***

**Varsity Line-Up Selection:** We will have a ladder system for the varsity, with inter-squad matches determined by the coaching staff. Players are encouraged to challenge other players and must be approved by the coaching staff. Players must be at practice to play in the following day's match, unless excused by the coach. Match times and line-ups should be relatively consistent and up to date on the online schedule.

**JV Line-Up Selection:** Our goal is for every player to get one match each event; however, opposing team numbers and court space varies. Therefore, match length may depend on numbers and space as well. If all players are not able to play a match, players that missed will be prioritized for future matches. Priority will also be based on practice attendance. Match times and line-ups will vary and locations are not always on schedule. Please communicate with your child on match day to get the most up to date information.

**Weekend Matches:** We have a number of Saturday matches. These matches are typically varsity only and we bring the top 15. We will communicate as as soon as possible, which extras will attend. There will also be one JV quad likely added to the match schedule in early May. Weekend matches are crucial because they provide 3-4 matches of experience in one day.

**Match Absences:** Excused absences (funeral, academics, emergency, illness, etc.) will not affect match participation. However, unexcused absences (family vacations, other activities, work, etc.) may result in missed match time.

**Practice Absences:** Excused absences (which means any absence the coach is aware of and says is ok) will not affect participation. However, players that habitually miss practices, even if excused, will lose priority for match play.

### **Parent Responsibilities**

- Be supportive of your child, but don't pressure them
- Keep winning in perspective, help your child to do the same
- Help your child set realistic goals

**Issue Resolution:** Issue Resolution will go through the chain of command; Step 1) Coach and Player, Step 2) Coach/Player/Parent, Step 3) Coach/Player/Parent/Activities Director

**Questions/Concerns:** Please call or stop to talk with us; we are always available to discuss what we can do for each player, our team, and our school.

### **Important Contact Information/Links/Websites:**

Alexandria Boys Tennis Team App (Remind.com) Code: **@dhag98f**

Head Coach Nick Jansen ([njansen@alexschools.org](mailto:njansen@alexschools.org)) 320-310-5748

Assistant Coach David LeVahn

Assistant Coach Evan Lattimer

School Athletic Trainer Scott Scholl ([SScholl@heartlandorthopedics.com](mailto:sscholl@heartlandorthopedics.com)) (320) 815-2300

Activities Director Ben Kvildt ([bkvidt@alexschools.org](mailto:bkvidt@alexschools.org)) 320-762-2142 ext 4302

Activities Secretary Mollee Duffield ([mduffield@alexschools.org](mailto:mduffield@alexschools.org)) 320-762-2142 ext 4530